

RELAXING SPACE

The Vaulted Spa offers a Steam Room, Sauna, Experience Shower and Hot Tub. For signature treatments, rituals and products the Kings Head have partnered with Lubatti and MONU. We are able to offer beauty treatments and massages in one of the four relaxing treatment rooms, and the pamper menu offers a range of treatments for men and women as well as MONU products for sale.

The relaxation room may be used complimentary by hotel guests with pre-booked treatments*.

THE THERMAL SUITE:

The Thermal Suite is available for residents to use at a cost of £10 per person for a maximum of 2 hours. For residents who have booked treatments the wet area is complimentary for 2 hours.

The Thermal Suite is available for non-residents at a cost of £15 per person for a maximum of 2 hours. Use of the Thermal Suite is subject to availability and must be pre-booked.

CONTACT US:

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**Please book in advance, subject to availability*



LUBATTI TREATMENTS

MAMA LUBATTI PREGNANCY TREATMENTS

INDULGENT TOP-TO-TOE TREATMENT (80 MINUTES, £80)

This super nurturing treatment commences with a relaxing back, neck and shoulder massage, followed by a mini facial and soothing scalp massage. This treatment works down to relieve tension and culminates with a gentle foot massage.

BLOSSOM & BLOOM FACIAL (55 MINUTES, £50)

Refresh your complexion with our deep cleanse Blossom & Bloom facial. This treatment includes a cleanse, tone, exfoliation, massage and mask – the 'must haves' for beautifully nourished skin.

EXPRESS BLOOM FACIAL (25 MINUTES, £30)

For a quick pamper, this treatment is a must have. A deep cleanse, tone and massage work to radiate the skin. A moisturiser is chosen by the therapist to suite your skin type.

SOOTHING BACK MASSAGE (40 MINUTES, £45)

Focusing on a key area prone to tension during pregnancy, this massage starts at the neck and works down, relieving tension and aiding relaxation.

LEG TONER TREATMENT (25 MINUTES, £30)

This firming massage is perfect for easing water retention in the legs caused by pregnancy. The deep massage stimulates circulation in the targeted areas leaving them feel revived, smoothed and toned.

Please Note: The mother to be treatments are designed and adapted for this special time and are suitable from the 12th week of pregnancy.



MASSAGE TREATMENTS

TENSION RELEASE, SCALP, FACE AND FEET (40 MINUTES, £50)

This treatment focuses on relieving tension within the three key areas of the body. Starting with a scalp massage, pressure points are used to relax the body. Next, a deep facial massage will revive tired skin and finally a foot massage to finish that will leave you feeling completely relaxed.

DELUXE FOOT TREATMENT (25 MINUTES, £30)

Treat your feet to some TLC with this Deluxe foot treatment. The feet are cleansed and exfoliated before a lower leg and foot massage is carried out. Body lotion is then applied to leave the feet feeling soft and supple.

SCALP MASSAGE (25 MINUTES, £30)

Designed to reduce stress, relax the mind and boost circulation. Warm essential oil is massaged into the scalp working to relax the muscles around the temple area and neck region.

ANTI-CELLULITE TREATMENT (55 MINUTES, £65)

Concentrating on areas prone to cellulite, a firm body brushing technique is used to stimulate the circulatory system and rid dead skin cells and toxins from the body. Lubatti's Essential Anti-Cellulite Oil is then massaged into the areas most needed using a combination of results-driven techniques. The treatment concludes with a relaxing neck and shoulder massage.

TONING COCOON WRAP (55 MINUTES, £70)

Indulge the body with a toning cocoon wrap. Starting with a light body brush, the body is then covered with a soothing Horse Chestnut Toning Gel, which works to tone the skin with the effective Horse Chestnut, and Black Tea extracts. Whilst cocooned, enjoy a gentle head massage to enhance relaxation. The treatment is concludes with an application of body lotion.



MONU BODY TREATMENTS

FULL BODY MASSAGE (55 MINUTES, £60)

Combat stress and fatigue with this full body massage with gentle stretching movements to leave you feeling relaxed and calm. Lie back and relax as your expert therapist eases stress and invigorates the whole body using an intense combination of pure aromatic oils and specialist massage techniques.

BACK, NECK AND SHOULDER MASSAGE (25 MINUTES, £30)

This massage will help to ease tension by focusing on the back.

For complete indulgence upgrade your massage to our candle massage and we will use one of our beautifully blended candles.

Choose between:

Relaxing – with Rose and Patchouli essential oils

Reviving – with Grapefruit and Lemongrass essential oils

Rejuvenating – with Jasmine and Ylang Ylang

THERMAL BACK TREATMENT (55 MINUTES, £40)

A facial for the back! This treatment is great for anyone who wants to treat an area that is often forgotten and difficult to reach. This back treatment aids in the ultimate of relaxation including a Back, Neck and Shoulder Massage, whilst also dealing with congestion, oiliness and tension. Skin is deeply cleansed and exfoliated followed by the application of a hot aromatic compress to help relax the muscles.



EXOTIC HOT OIL AND SALT SCRUB (55 MINUTES, £50)

This luxurious full body treatment is tailored to your individual needs and will leave the skin feeling smooth, hydrated, fresh and energised. A perfect treatment pre or post-holiday, pre special occasions or for anyone looking to improve the texture, tone and smoothness of the skin. An aromatic and invigorating, body buffing, cleansing treatment to slough away dead skin cells leaving your skin smooth and radiant. With two different blends of salts available the treatment can be specifically tailored for your individual needs.

ULTIMATE SIGNATURE BODY RITUAL (120 MINUTES, £80)

This soothing, rejuvenating and refreshing all over body treatment incorporates a variety of indulgent aromatherapy oils packed full of powerful therapeutic benefits. Using our exotic salt scrubs to gently exfoliate the body, eliminating dead skin cells. The face, body and scalp are massaged using specialised techniques with carefully applied pressure, finishing off with a tailor made express facial. Let your worries melt away as we relieve your stresses and strains with this luxurious tension buster.



MONU FACIALS

EXPRESS FACIAL TREATMENT (25 MINUTES, £30)

The perfect introduction to MONU Skincare products and our advanced facial treatments, experience the powerful benefits of MONU skincare in this express treatment. In this revitalising mini treatment, skin is deeply cleansed and exfoliated prior to an application of a mask and massage.

AROMATIC FACIAL TREATMENT (55 MINUTES, £50)

This signature MONU Facial includes a soothing massage to the face, neck and shoulders. MONU products are individually selected to suit the client & skin. Mask therapy and exfoliation are combined to promote skin radiance. Experience the truly incredible results MONU has to offer.

WRINKLE SOLUTION EYE TREATMENT (40 MINUTES, £35)

This anti-ageing eye treatment uses collagen eye patches and is especially suitable for clients who suffer from dry, crepey skin around the eyes. To target dark circles and puffiness a specialised eye massage using lymphatic drainage techniques is recommended. This improves circulation and revitalizes the eye area.

MONU+ RESURFACE AND PEEL SYSTEM (55 MINUTES, £70)

Using a complex blend of Glycolic, Salicylic and Fruit Acids to eliminate dead cells, resurface and exfoliate, smooth and refine. Sodium bicarbonate to deep cleanse, purify and clear congested pores whilst helping to reduce irritation and Vitamin C which is a potent anti-oxidant, helps to correct skin tone, brighten and clear a dull complexion whilst revitalising and increase radiance. Peels although good for mature skin, are also a welcome treatment for anyone suffering with blocked pores, breakouts, acne, pigmentation, uneven skin tone and texture and to generally increase overall skin health and radiance.



MEN'S FACIALS

MEN'S EXPRESS FACIAL (25 MINUTES, £30)

An express facial which will see the skin properly cleansed, exfoliated and revitalised. Perfect to fit in during a lunch break to ease the signs of fatigue or stress. Incorporates VITRU Energy Rub to cool and revitalise a tired head and scalp.

MEN'S TOTAL REVIVER (55 MINUTES, £50)

For the more indulgent and less time-sensitive, the luxury of an hour-long Men's Total Reviver treatment cannot be beaten. The specialised VITRU massage techniques are designed to relieve tension and whilst our leading edge formulations help to rejuvenate and energise the skin.



LEIGHTON DENNY EXPERT NAILS

IMMACULATE MANICURE - 55MINS | £50

As voted the 'Best Manicure' by Harpers Bazaar, this award winning manicure treatment provide luxury & glamour for hands & nails that deserve only the best. This complete treatment exfoliates, nourishes & protects your hands & nails against the daily wear & tear of busy lifestyles whilst helping to improve the signs of premature ageing. The advanced, high performance nail polish provides a long lasting, chip resistant manicure for even the most hard-working of hands.

CUSTOM MANICURE - 40MINS | £40

The ultimate speedy treat for the 'best dressed hands and nails'. The Custom Manicure provides a 'celebrity' manicure for those who want a little luxury when time is of the essence.

ON THE MOVE MANICURE - 25MINS | £25

Especially created for the client with a busy lifestyle, the 'On The Move' Manicure file and polish keeps hands and nails well-groomed and fashionable in-between Immaculate Manicures.

PRISTINE PEDICURE - 70MINS | £60

"Like walking on air" is how you will feel after your Pristine Pedicure. Hard working feet need a special care when it comes to keeping them looking and feeling fabulous. This luxury treatment is fantastic for even the most neglected of feet and will be unrecognisable after they have been sloughed, buffed & brought back to life with the wonderful restorative benefits of this pedicure, completed with the advanced, high performance nail polish that provides a long lasting, chip resistant colour finish for your toes.

CUSTOM PEDICURE - 55MINS | £50

A speedy treat for those hard working feet! Revive tired looking feet and toes with the Custom Pedicure, designed to make the best of your feet when time is of the essence.



ON THE MOVE PEDICURE - 25MINS | £25

For the client with a busy lifestyle, feet look pampered and well-groomed in just 25 minutes. Recommend the 'On the Move' Pedicure to regular pedicure clients who want a change of nail colour in between. (Re-varnish / Tidy and Varnish)

GEL MANICURE OR PEDICURE - 55MINS | £55

Luxury Gel manicure or Pedicure, includes file & shaping, cuticle work, optional buffing, nail preparation, gel application (base, colour & top), followed by hand massage using best defence and application of slick tips for hydration.

GEL SOAK OFF – 25 MINUTES, £8

Please note that if you have Gel polish already on then you will need to book a removal prior to having a gel manicure or pedicure.



ESSENTIALS

Full Leg Wax – 40 mins - £30

Half Leg Wax – 25 mins - £18

Standard Bikini Wax – 15 min - £15

Underarm Wax – 10 Mins - £15

Back Wax – 25 mins - £25

Chest Wax – 25 mins - £25

Eyebrow Shape – 10 mins - £15

Eyebrow Tidy (tweezers only) – 10 mins - £8

Upper Lip and Chin – 15 mins - £12

Eyelash Tint – 25 mins - £15

Eyebrow Tint – 15 mins - £12

Eyelash and Eyebrow Tint - £20

Please note we do not recommend any waxing treatments to take place within 24 hours of using our wet area. A patch test is required 24 hours before having tinting treatments. (This is applicable to all new clients of The Vaulted Spa and any clients that have not had tinting with us in the last 6 months).



TEENS

FOR AGES 14-17

TEEN TREATMENTS 25 MINS

For the ultimate relaxing treat for teenagers, a 25 minute treatment select from: On The Move Manicure (£25), On The Move Pedicure (£25) or the MONU Express Facial (£30).

TEENAGE SPA TREATS 25 MINS | FROM £35 PER PERSON (MIN 4 PEOPLE) – MONDAY - THURSDAY

Create the perfect girly gathering with the hire of our Relaxation room, a non-alcoholic cocktail & canapès and the choice of a treatment from: On The Move Manicure, On The Move Pedicure or the MONU Express Facial.



SPA DAYS

Our spa days include up to 2 hours use in the Thermal Suite and are available Sunday to Friday

LADIES LUNCH £60 PER PERSON

The perfect place for ladies that lunch, enjoy a relaxing 25 minute treatment of your choice and a two course lunch.

AFTERNOON DELIGHT £50 PER PERSON

Make your afternoon extra special with a 25 minute treatment of your choice, followed by a delicious Afternoon Tea. Available between 3pm - 6pm,

TWILIGHT SPA £70 PER PERSON

Take a relaxing dip into the evening with our twilight package including a 25 minute treatment of your choice, followed by a two course supper and a glass of fizz. Available between 5pm - 8 pm.



SPA BREAKS

ULTIMATE INDULGENCE FROM £695*

For the ultimate retreat, try our indulgence package, a two night stay with breakfast, a two course lunch and a full afternoon tea on the day of your choice. Enjoy 90 minutes per person of treatments during your visit to ensure you leave completely refreshed.

**Based on two people sharing a Classic room, available Monday - Thursday*

VAULTED SPA BREAKS

Rest and relaxation is guaranteed with our Vaulted Spa break. Pamper yourself with an overnight stay with breakfast and a three course dinner. Choose either a 25 minute or 55 minute treatment to leave you blissfully stress free.

with 25 minute treatment from £233*

with 55 minute treatment from £293*

**Based on two people sharing a Classic room*

See overleaf for treatment options



TREATMENT OPTIONS

55 MINUTE TREATMENT OPTIONS

- MONU Aromatic Facial
- Men's Total Reviver Facial
- Blossom & Bloom Facial
- Signature Full Body Massage
- Toning Cocoon Wrap
- Stimulating Anti-Cellulite Treatment
- Immaculate Manicure
- Custom Pedicure

25 MINUTE TREATMENT OPTIONS

- Express Facial Treatment
- Men's Express Facial Treatment
- Express Bloom Facial
- Relaxing Scalp Massage
- Deluxe Foot Treatment
- On The Move Manicure
- On The Move Pedicure

